

Hilda Hut Trip Summary

TRIP DATES.

- January 8th, 2023 - Depart by helicopter from [Burton](#) at 8:00 am
- January 15th, 2023 - Depart from Hilda Hut
- Burton is 45 min from [Nakusp](#) B.C. It is recommended to stay in Nakusp the night before this trip
- Weather permitting, occasionally flights are delayed due to poor weather conditions for as much as a day, please plan accordingly

GETTING TO NAKUSP

- Closest reliable airport: Kelowna 4 hours from Nakusp
- Closest major international airport: Vancouver YVR
- Please see the attached directions for the staging area

PAYMENT

- Trip Cost: \$3100 plus GST of 5%
- Deposit: 50% due September 1st, 2021
- Final Payment due: September 1st 2022.

Included In The Cost Of The Trip:

- Guiding services
- Pre-trip support
- Trip Planning
- All meals while at the lodge (we do our best to cater to everyone's taste). If extreme dietary needs are requested additional costs might be required, please reach out if you have any questions regarding if your diet will incur extra costs.

Not Included In The Cost:

- Gratuities for staff (including cooks, guides, and custodians).

- All equipment in the equipment list.
- Travel to and from Burton B.C.

Health & Safety Policies:

This trip is run at Hilda Hut which is owned by Valkyr Adventures. We are subject to their health and safety policies regarding COVID-19. Please see their policies [here](#).

We will also be following our own [policies](#).

Please note that the situation with COVID-19 is improving and these policies were built during the peak of the pandemic, managing the situation with zero vaccines available. We fully expect our policies to change and adapt to the most appropriate situation in 2023.

We will be following all public health recommendations and best practices regarding your health for this trip. After a year of safely managing the pandemic, the team at KBG is confident we will be able to run this trip safely, especially with the high uptake in vaccinations that Canada is currently undertaking.

Booking Policies: Please see our policies [here](#).



VALKYR ADVENTURES



*Backcountry lodge * Ski Touring * Alpine Hiking*

HILDA HUT INFO SHEET

Welcome to Hilda Hut!

Access is from our helicopter staging area on the shores of Arrow Lake in Burton BC. The flight from Burton staging to Hilda Hut takes approximately 12 minutes. From the helipad at Hilda you'll walk about 20 meters to the hut entrance. Stow your skis on the covered porch and come on in! The ground floor features a tiled mudroom with a wood stove and drying racks. Hang up your coat, leave your ski boots here. The main bathroom / shower room is on the ground floor along with 2 guest bedrooms, 2 staff bedrooms, office nook and a cold food storage with fridge and freezer.

The kitchen, dining area and living room are located on the 2nd floor and feature a huge handcrafted dining table, wood stove and comfy sofas. There are lots of picture windows that give a stunning view of the surrounding mountains and forest. There are two doors on the 2nd floor that access the wrap around covered deck.

On the 3rd floor are 5 guest rooms, a bathroom and a common area for stretching. The beds are super comfy, and we provide all the bedding including down duvets. Bedrooms are double occupancy suitable for couples or singles.

OTHER LODGE FEATURES:

- * Satellite internet access on lodge laptop – \$10 per week for limited use
- * BBQ on the deck
- * Sauna Hut with shower – hot room is closed for 2021 ski season
- * A/C power / micro-hydro system
- * Draft beer /Nelson Brewery - \$6 / pint; wine \$6 / glass; \$350 /58 L keg (pre-order only)

We supply:

- * Custodial support staff
- * All bedding – comfy mattress, sheets, pillows, down duvets
- * All bathroom supplies: toilet paper, paper towels, hand soap, hand sanitizer
- * All shower products: soap, body wash, shampoo and conditioner
- * 1 Towel per guest per week
- * Non-medical masks, disposable gloves, Kleenex and hand sanitizer
- * Terrain map and catalogue
- * VHF radio and repeater system – we have a few radios to loan out on a “lose it, break it, buy it” basis.

WHAT YOU NEED TO BRING:

- * Backcountry ski gear including:
 - Alpine Touring skis, Telemark skis or split board, skins, poles in good repair and ski boots *that have been broken in*
 - Avalanche safety gear – transceiver, shovel, probe
 - 35-40 L day pack (Balloon pack, Avalung, ABS or other avalanche pack - optional)
 - Gortex jacket, Gortex ski pants or other snow repellent fabric, down or puffy jacket, base and mid layers, 2 pair of ski gloves, toques, buff, ball cap
 - Ski goggles, helmet
- * Thermos, water bottle (or hydration pack), Re-useable lunch sack
- * Hut booties or sandals with non-marking soles for the lodge, deck and trip to the sauna
- * **Mask for helicopter ride and lodge use; non-medical paper masks are available at the lodge**
- * Prescriptions, medications, basic 1st aid supplies that you might need
- * Digital device pre-loaded with books, magazines, music, games or films.
- * Sunglasses, reading glasses, headlamp, writing pad, pens and pencils
- * Camera and charger; VHF or family band radios with charger
- * GPS (self-guided groups)

If you have any questions please ask! We're happy to help you pack for success.

VALKYR ADVENTURES HELICOPTER STAGING AREA DIRECTIONS

OUR STAGING AREA IS LOCATED 2 KM SOUTH OF **BURTON**, just off of REBAZZO RD. on the beach road approximately 400 m FROM THE HIGHWAY.

For route planning, road conditions and travel times consult www.drivebc.com

FROM REVELSTOKE:

TAKE HWY 23 SOUTH TO NAKUSP THEN CONTINUE SOUTH ON HWY 6 (WEST) TO BURTON, CONTINUE OVER THE CAUSEWAY; TAKE THE FIRST RIGHT ONTO REBAZZO RD. AT THE SHARP CORNER CONTINUE STRAIGHT ONTO THE BEACH RD.

TRAVEL TIME: PLEASE ALLOW: 45 MINUTES FROM REVELSTOKE TO THE FERRY LANDING; 25-MINUTE FERRY RIDE; 45 MINUTES TO NAKUSP AND 35 MINUTES TO THE STAGING AREA. http://www.th.gov.bc.ca/marine/ferry_schedules.htm#upperarrow

FROM NELSON / CASTLEGAR:

TAKE HWY 3A TO THE PLAYMOR JUNCTION. TURN NORTH ON HWY 6 (WEST) TO NAKUSP (80KM). TAKE THE FIRST LEFT EXIT TO NAKUSP BUSINESS CENTER AND THEN LEFT AGAIN AT THE NEXT INTERSECTION TO BURTON. CONTINUE SOUTH ON HWY 6 (WEST) PAST BURTON, OVER THE CAUSEWAY, THEN TAKE THE FIRST RIGHT ONTO REBAZZO RD. AT THE SHARP CORNER CONTINUE STRAIGHT ONTO THE BEACH RD.

TRAVEL TIME: PLEASE ALLOW 2.5 HOURS FROM CASTLEGAR OR NELSON TO STAGING AREA.

FROM KELOWNA AIRPORT OR VERNON:

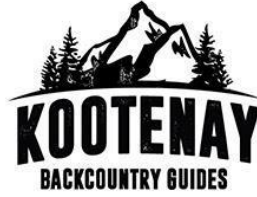
FROM KELOWNA – TAKE HWY 97N TO VERNON. AT THE FIRST MAIN INTERSECTION EXIT RIGHT THEN RIGHT AGAIN. THIS WILL PUT YOU ON HWY 6 EAST TO THE ARROW LAKES FERRY AT NEEDLES / FAUQUIER. CONTINUE NORTH AFTER GETTING OFF THE FERRY APPROXIMATELY 20 KM. LOOK FOR REBAZZO RD ON YOUR LEFT. AT THE SHARP BEND TURN LEFT ONTO THE BEACH ROAD.

TRAVEL TIME: ALLOW 2.5 – 3 HOURS FROM THE KELOWNA AIRPORT (OR 2 HOURS FROM VERNON) TO THE NEEDLES FERRY LANDING. THE FERRY RUNS EVERY HALF-HOUR ON THE QUARTER HOUR FROM NEEDLES. FROM THE EAST LANDING TO THE STAGING AREA TAKES 15 MINUTES.

http://www.th.gov.bc.ca/marine/ferry_schedules.htm#needles

Please allow enough time to arrive at the staging area by **0800** on your trip date. Let us know if you are delayed anywhere on route.

www.valkyradventures.com * (888) 482-5597 * info@valkyradventures.com



Lodge Week Packing & Equipment List

Welcome to our lodge week program at Kootenay Backcountry Guides.

Having the proper equipment and packing list will allow you to have the best time on this trip. Please follow this list to make sure that you have all of the proper equipment and extras for the lodge.

Your preferred methods of travel:

Alpine Touring Bindings: These are downhill skis with a touring binding. Bindings come in a couple of styles:

1. Tech bindings. This binding has pins that connect with holes in the toe of your boots. You need to have Tech Toe boots for these bindings to work. See [this image](#) for an idea of what we are describing. If you want a lightweight tech binding, the [Dynafit Radical](#) is a great example. The [Marker KingPin](#) is a decent choice that combines a regular releasable heel with a tech-style toe piece. There are many options available for different tech bindings and boot combinations. One challenge with tech bindings is that they do not adhere to the DIN system and can be hard to operate. The [Solomon Shift](#) binding has tried to deal with the DIN issue by making a regular binding that turns into a tech binding for the climb. There will be more options coming on the market that do the same.
2. Frame Bindings. This is where there is a regular toe and heel piece but the heel can unlock. See [this image](#) for details. Frame bindings are heavy, they walk awkwardly, thus reducing your efficiency in the mountains, they are also **NOT** stronger than tech bindings, and often break. These bindings are designed for very short tours of less than 45min in duration. We have seen many people unable to finish their days because they have heavy bindings.

Telemark skis: These are becoming less and less popular as the world of alpine ski touring grew as equipment has changed with innovation. This system can be challenging. Releasable bindings are highly recommended as this is a major safety advantage.

Splitboarding: This is the most effective and lightweight way to snowboard in the backcountry. As technology has improved over the last 5 years split-boarding has been the go-to for all snowboarders in the backcountry. You need to purchase splitboard bindings. The [Spark Binding](#) set up or the [Burton Hitchhiker](#) is the most popular. Check out [Tribute Board Shop](#) in Nelson for your splitboarding needs. More and more people are moving towards hard boot and Tech Bindings for splitboarding. Check out the [Phantom](#) setup for more info.

Boots: Those who choose Alpine Touring will want to have Alpine Touring Boots with Vibram Soles. Please make sure that if you have a tech binding, you buy boots with a tech toe. See the (**Alpine Touring skis/bindings section for details**). Alpine Touring Boots are designed for walking and skiing. They have a walk mode that allows your ankle to flex and a rockered sole for easy walking. Downhill Alpine boots are not recommended, even ones with a walk mode, these boots are significantly heavier and less comfortable than an Alpine Touring boot. We have seen many people unable to finish their days because they bring heavy boots.

Splitboarding Boots: Pretty much all snowboarding boots work with Splitboard bindings. Make sure you get boots that are designed for long walks. If you want a hard boot setup go to the [Phantom](#) page to find out what boots they recommend.

Backpack: Having a properly fitting backpack is crucial to having a comfortable day in the backcountry. We recommend a pack between 30 and 45L. The best packs have compartments for your avalanche safety gear. Please make sure your pack has attachments to carry your skis or snowboard in the event that we bootpack to a summit. Having a helmet holder is also important.

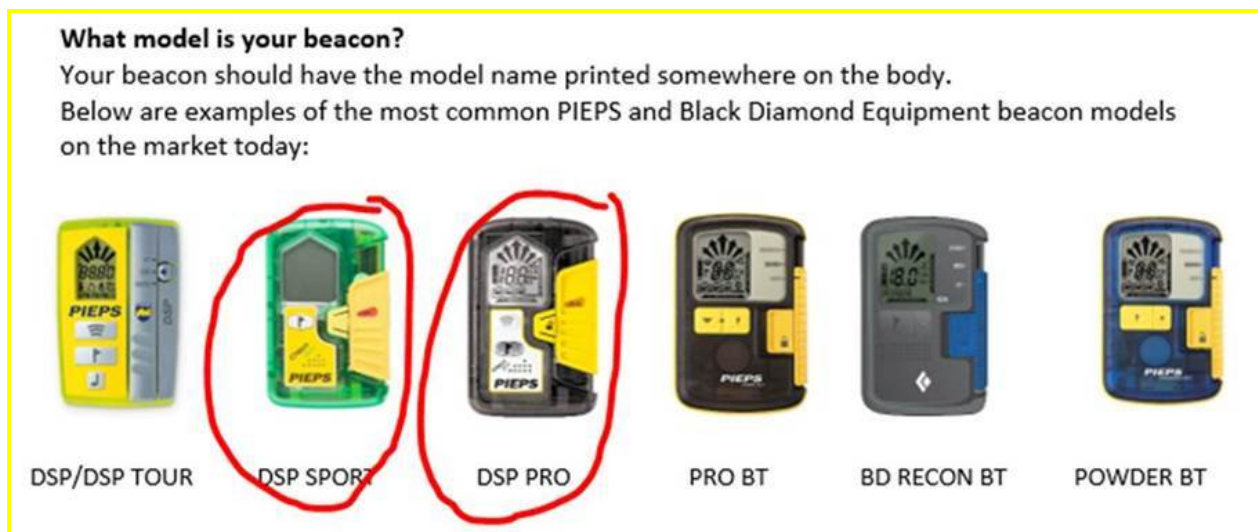
Avalanche Safety Gear:

Transceivers: You need to have a modern triple antenna digital transceiver, we do not allow analog or dual antenna transceivers on our trips or courses. All new modern triple antenna transceivers are good. Select one that you think fits your needs. **You should be very suspicious of purchasing transceivers on Facebook Marketplace or from other used gear sources. You do not know how that transceiver has been treated or how old it is.**

See [this video](#) for an overview of what to look for in transceivers.

If you are looking for a good site to check out all the different transceivers and what features are available. Go to <https://beaconreviews.com/>

Please note that if you have a Pieps DSP Sport or Pro, these transceivers have issues with their lock buttons. Please take them to your local gear shop to get them checked out.



Shovel: Shops offer a wide range of excellent shovels. Do not buy plastic or super lightweight shovels. Check out [this video](#) for what to look for in a shovel.

Probe: Make sure you are buying a high-quality probe that is easy to put together.

See [this video](#) for what to look for in a probe.

All new models have a quick snap to lock the probe in place, we do not recommend screw-in tops for avalanche probes. BCA makes great probes at a reasonable price. We recommend that your probe is 300cm or longer.

Transceivers, Shovels, and Probes can be rented from KBG all prices are for the whole trip.

Shovel (\$35), Probe (\$35), Transceiver (\$100)

You can rent the whole package off us for \$125

Skins: Choose a skin that is appropriate for your skis or splitboard. Make sure to follow the instructions carefully when setting them up. G3 Alpinist Skins are a great easy skin to set up, they make them for both Skis and Splitboards.

Airbag Packs: Avalanche airbags are **not** mandatory on our courses or trips. European studies show they significantly reduce your chances of being buried in an avalanche. There are many different makes and models to choose from and range from \$700 to \$1800. These can be rented from [Roam Shop](#) in Nelson B.C.

Kootenay Backcountry Guides has a 45L BCA airbag pack available to rent for the week. The total cost for rental for the week is \$200. Roam rents their pack for \$50 per day.

*** Please make sure that all of the above equipment is modern and in good working order. It is not a good idea to try out brand new boots on this trip as you might end up with blisters from uncomfortable boots that make it difficult to complete the tours.

Outerwear:

- High-quality waterproof breathable shell and pants. We recommend a 3-ply gore-tex-like jacket and pants. Softshell pants are highly recommended as well.
- Warm toque.
- A touring hat. (Preferably a KBG touring hat!)
- Ski boots or snowboard boots.
- Helmet, which should be lightweight for carrying
- 2 pair of water-resistant gloves or mitts
- High-quality ski or snowboard socks, one for each day.
- Long underwear top and bottom, we recommend changing out every two days. This will require 3-4 pairs.
- A warm Puffy Thinsulate or down jacket
- Lightweight thin insulate jacket for touring, [Arc Teryx Atom jacket](#) is a perfect example of this.
- Goggles and sunglasses. (bring spares of each) it would suck to have your goggles damaged or fogged beyond repair on a deep powder day.
- Sunscreen
- A thermos of tea or coffee for the day
- 1-liter water bottle
- Optional. A high-quality camera
- Phone for pictures
- Ski Crampons
- A lightweight headlamp in your pack for emergency use.

Lodge gear: (preferably packed away in a lightweight duffle bag)

- Toiletries, toothbrushes, toothpaste.
- Extra socks, long underwear, a couple of changes for the week.
- Hut booties or sandals with non-marking soles for the lodge, deck, and trip to the sauna
- Comfortable clothes for wearing in the hut
- Swimsuit for the hot tub and sauna
- Books for reading in the evening
- Tablet or Smart Phone for using navigation apps like Google Maps and Google Earth
- Chargers for your electronic devices
- A thermos for bringing hot liquids for the day
- (Prescription medicine, extra contact lenses, prescription glasses, etc.)
- Health/Travel insurance documents/numbers (For people out of province)
- Zip-lock bag for wallet and other documents to keep them dry (recommended)
- Extra batteries for your transceiver and headlamp
- A couple of 1-2 liter water bottles.
- Any alcohol you wish to bring. Drinks (beer and wine) are also available for purchase from Hilda Hut.

Renting and Purchasing Equipment:

[ROAM Shop](#) in Nelson rents transceivers, shovels, and probes. They also rent tech binding equipped touring skis, boots, poles, and a wide selection of splitboards. We have teamed up with [ROAM Shop](#) to offer all registered program participants renting gear to take one day's cost of gear rented from them off the purchase price of new gear. This means you can test out the gear you are thinking of buying. Also, you get a 10% discount on rentals and a 5% discount on all purchases of new gear at [ROAM Shop](#). Please make sure you **let them know you are a registered participant in a KBG program at the time of purchase!**

Check their rental fleet [HERE](#) and fill out the [Winter Rental Waiver Form](#) as soon as possible.

[Tribute Boardshop](#) rents splitboards.

[Sacred Ride](#) in Nelson has a good selection of skis, boots, and splitboards.